



professional line

Skin Care
Products
& Beauty
Treatments

Catalogue

Innovative
solutions
in skin care



Tradition and experience for over 50 years



OUR HISTORY

AVA Cosmetic Laboratory has over 56 years of practical experience in manufacturing skin care products; remarkable cosmetics that have proven their effectiveness in thousands of cases, and an exceptional knowledge of women's beauty concerns. It is one of the oldest privately-owned cosmetic companies with extensive expertise and long-standing family tradition. All of these have built the foundations of AVA's success and position.

OUR MISSION

is to create cosmetics in harmony with nature. AVA is the first Polish cosmetic manufacturer of natural and organic cosmetics which obtained the prestigious ECOCERT certificate. ECOCERT is the French worldwide certification organization for natural and organic products. AVA's current offer includes a complete range of professional skin care cosmetics and beauty treatments. All the time, AVA launches new, scientifically developed lines of professional cosmetics, exploiting the very best of technological innovations in the cosmetic field.

The company's main assets include premium quality, tradition and ecology. AVA's products are available and recognized in many countries all over the world.

OUR VISION

AVA Laboratory has always favoured ingredients of natural origin and used the highest quality extracts in their most effective concentration for optimum beauty results. It also uses a new generation of active ingredients providing a perfect solution for all stages of skin care and guaranteeing immediate and long-lasting results. All the formulas are laboratory tested for allergy and irritation and are subject to strict research to evaluate their efficiency. AVA unceasingly searches for new solutions with the aim to satisfy any present-day demands of women.

WHY US?

1. Tradition and experience for over 56 years in manufacturing remarkable cosmetics.
2. The first and still the only Polish manufacturer of natural and organic cosmetics certified and supervised by ECOCERT.
3. Unique formulations based on pure, natural, organic ingredients and essential oils.
4. Environmental protection – organic and natural ingredients used in our formulations come from Organic Farming.
5. Our own, unique and innovative formulations.
6. Hypoallergenic formulas designed for people with sensitive and allergic-prone skin.
7. A wide range of skin care products.
Important categories of cosmetics: ecological, dermocosmetics, beauty skin care and professional products with whole treatments for beauty salons.
8. New solutions – professional treatments at home.
9. High effectiveness of cosmetics activities.
10. Best products at accessible and reasonable prices.

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HOME CARE

More at www.ava-laboratorium.pl

Ask your advisor!

BESTSELLER

beauty cocktails

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BIO RENEWAL SKIN



Ecological professional Cosmetics bear a quality mark “controlled natural and organic cosmetic”, which means that each of the preparations meets the highest quality requirements and is manufactured in conformity with ECOCERT requirements.

Ecological cosmetics have been formulated to stimulate the skin barrier processes.

Active ingredients:

Marshmallow extract

hyaluronidase inhibitor – protects the skin against harmful activity of enzymes destroying hyaluronic acid, softens and smoothes the skin, has anti-inflammatory properties

Ginger extract

collagenase inhibitor – prevents the breakdown and loss of collagen, regulates the moisture level in the skin, increases skin flexibility, has anti-inflammatory and antibacterial properties

Chamomile extract

cyclooxygenase inhibitor – has anti-inflammatory and antioxidant properties, soothes the skin

Green tea extract

with antioxidant, anti-inflammatory and photoprotective properties, prevents the degradation of collagen

Organic lavender water

has astringent and anti-inflammatory properties

Lemongrass oil

energizes, tones, has antiseptic and antibacterial properties

Lavender oil

soothes inflammations, has antibacterial properties, stimulates skin revitalizing processes

The Certified Ecological Professional line contains only natural ingredients; plant extracts come from monitored organic crops processed only with physical methods, not chemical. The innovative combination of standardized components neutralizes the harmful action of enzymes such as collagenosis, hyaluronidase and cyclooxygenase. It allows the skin to retain the elasticity of collagen fibers and a proper level of hydration.

Natural and organic cosmetics do not contain:

- any raw materials originating from crude oil refining process
- polyethylene glycols (PEG)
- silicones
- preservatives from the paraben group
- synthetic fragrance compositions
- artificial dyes



BIO RENEWAL Skin



Protective & Revitalizing Treatment

designed to stimulate the protective and revitalizing processes in the skin.

Treatment activity:

- stimulates the protective process in the skin
- neutralizes the harmful action of free radicals
- promotes skin regeneration
- reduces TEWL
- slows down the skin anti-aging process
- activates a proper hydration level
- allows skin to retain its elasticity and firmness
- smoothes shallow lines and reduces deeper wrinkles

Indications for treatment:

For all skin types, especially sensitive and allergic.
For women who prefer to use natural cosmetics and have a desire to return to nature.

Visible treatment effects:

- biological skin regeneration
- optimal moisturization
- properly oiled skin
- restored elasticity, firmness and a healthy look
- slowing down the skin aging process

ECOLOGICAL REVITALIZING-PROTECTIVE TREATMENT

Treatment course	Product	Performance of treatment	Materials' usage
CLEANING PHASE	1401 Revitalizing cleansing milk 1425 Revitalizing alcohol- free toner	Remove make-up with Revitalizing cleansing milk. Balance skin pH with Revitalizing alcohol free toner.	10 ml 10 ml
ACTIVE PHASE	peeling 2927 Organic peeling with rice	Apply Organic peeling with rice on face avoiding the eye area. Massage gently for approx. 1 minute, rinse off the excess.	5 ml
	mask 1395 Revitalizing face mask	Apply Revitalizing face mask to thoroughly cleansed face and neck avoiding the eye contour area, leave for approx. 15 minutes. You can perform a relaxing massage. Remove the mask, use Revitalizing alcohol free toner.	10 ml
FINAL PHASE	1418 Revitalizing Face Cream	Apply Revitalizing Day Cream to cleansed and dried face, gently massage. Leave it to be absorbed.	5 ml

Contraindications: hypersensitivity to product ingredients, acne prone skin

Home Care:

- 0817 Revitalizing face milk make-up remover 200 ml
- 0800 Revitalizing non-alcohol toner-mist 200 ml
- 0732 Revitalizing day cream 50 ml
- 0619 Revitalizing night cream 50 ml
- 0749 Revitalizing eye contour cream 15 ml
- 0763 Revitalizing self-absorbing face mask 30 ml





CERTIFIED ECOLOGICAL PROFESSIONAL LINE

REVITALIZING CLEANSING MILK



Recommended for:
normal and sensitive skin

Active ingredients:

emollients from olive oil, lavender water, extracts from: mallow, green tea, chamomile, ginger, vitamin E, lavender and lemongrass oils

Product activity:

- thoroughly removes make-up
- protects the hydrolipid layer of the skin
- moisturizes the skin

1401 / 500 ml / efficiency of 100 treatments

REVITALIZING ALCOHOL-FREE TONER



Recommended for:
normal and sensitive skin

Active ingredients:

lavender water, extracts from: mallow, green tea, chamomile, ginger, lavender and lemongrass oils

Product activity:

- complements skin cleansing
- refreshes and moisturizes the skin
- restores skin to its natural pH

1425 / 500 ml / efficiency of 50 treatments

ORGANIC PEELING WITH RICE



Recommended for:
all skin types

Active ingredients:

cucumber extract, vitamin E, milled rice grains, macadamia oil, lavender and lemongrass oils

Product activity:

- gently exfoliates the skin
- smoothes and renews the skin
- stimulates microcirculation
- improves penetration of active ingredients

2927 / 200 ml / efficiency of 40 treatments

**REVITALIZING
FACE MASK**



Recommended for:
normal and sensitive skin

Active ingredients:
emollients from olive oil, vitamin E,
mimosa floral wax, extracts from:
chamomile, mallow, green tea, ginger,
lavender water, lavender and lemongrass oils

- Product activity:**
- revitalizes deeper skin layers
 - revitalizes deeper skin layers
 - moisturizes intensively and deeply
 - reduces wrinkles and shallows lines
 - slows down the skin aging process

**REVITALIZING
FACE CREAM**



Recommended for:
normal and sensitive skin

Active ingredients:
grape seed oil, mimosa floral wax,
vitamin E, extracts from: mallow, green tea,
chamomile and ginger, lavender water, lavender and lemongrass
oils, emollients from olive oil

- Product activity:**
- moisturizes and regenerates the skin
 - neutralizes free radicals
 - protects the skin against premature signs of aging
 - protects the skin against environmental pollution



COSMETICS FOR WHITENING COMPLEXION TREATMENT

Pigmentation spots occur as a result of malfunctions in the process of melanin production and distribution. Consequently, a local accumulation of the skin pigment becomes visible as hyperpigmentation. This is mainly caused by the activity of sunrays, as well as by disturbances in the hormone balance occurring in the body particularly during pregnancy or menopause.

Active ingredients:

ActiWhite™

an innovative lightening complex, two synergistic substances (derivative of sucrose and green peas extract) which lighten the epidermis limiting the melanin synthesis, pigmentation and tyrosinase activity

Lumisphere™

contains *Diacetyl Boldine*, which reduces the melanin level in the skin and inhibits activity of tyrosine, and manganese titanium dioxide, which has the ability to absorb UVA/UVB rays and neutralizes free radicals; optical brightener

Cucumber Extract

rich in mineral salts and vitamins, cleanses, refreshes, moisturizes, softens and brightens the skin

Mulberry Extract

inhibits the activity of tyrosinase, moisturizes the skin and protects it against negative UV radiation

Vitamin C

reduces the tendency of the skin for discoloration, corrects overall skin colouration, stimulates the synthesis of collagen, has smoothing properties

Papaina

proteolytic enzyme, dissolves dead skin cells, brightens sun and acne-caused discolorations, smoothes the skin and improves its firmness

The whitening formula created by AVA Cosmetic Laboratory contains a new generation of biologically active ingredients which reduce pigments of melanin and inhibit activity of tyrosinase. The Skin Whitening Program reduces appearance of dark spots, gives fresh radiance, nourishes and smoothes the skin.

Whitening skin cosmetics do not contain:

- paraben-like preservatives
- synthetic fragrance compositions
- intermediates derived from petroleum refining
- artificial dyes





COSMETICS FOR WHITENING COMPLEXION TREATMENT

Treatment activity:

- limits the synthesis and secretion of melanin
- reduces pigmentation spots
- prevents creation of new discolorations
- smoothes the skin
- moisturizes

Indications for treatment:

for skin with pigmentation disorders, sun and acne-caused discolorations and age spots, for whitening and skin-evening treatments

Visible treatment effects:

- immediate complexion lightening effect
- corrected skin colouration
- optimally moisturized and lightened skin

WHITENING COMPLEXION TREATMENT

Treatment course		Product	Performance of treatment	Material usage
CLEANING PHASE		1388 Micellar lotion 1463 Whitening discoloration lotion	Remove make-up with cotton pads dampened with Micellar lotion. Wipe the face and neck with Whitening discoloration lotion.	10 ml 10 ml
ACTIVE PHASE	peeling	5133 Enzymatic peel	Use a brush to apply Enzymatic peel on the skin, leave for 10-15 minutes and wash off with warm water.	15 ml
	mask	1456 Whitening discoloration serum-mask	Apply serum-mask to thoroughly cleansed face avoiding the eye contour area, leave to be absorbed for approx. 15 minutes, depending on the skin type.	10 ml
FINAL PHASE		2026 Active whitening discoloration cream	Gently tap Active whitening facial cream onto the dried face and neck. Leave it to be absorbed.	5 ml
		1449 Whitening discoloration point cream	Apply Active Whitening Discoloration Point Cream on the dark spots. Leave it to be absorbed.	2 ml

Contraindications: hypersensitivity to the product's active ingredients

Home care:

- 0299 Whitening Discoloration Toner-mist, 200 ml
- 0718 Intensive Whitening Serum Mask for Face, 30 ml
- 0053 Intensive Cream for Face SPF 15, whitening discolorations, 50 ml
- 0138 Active Whitening Discoloration Point Cream, 15 ml
- 0824 Active Whitening Cream for Hands and Body, 50 ml





WHITENING DISCOLORATION LOTION



Recommended for:
skin with uneven skin tone

Active ingredients:
cucumber extract, mulberry extract,
vitamin C, allantoin

- Product activity:**
- cleanses the skin
 - restores the skin to its natural pH
 - brightens discolorations

1463 / 500 ml / efficiency of 50 treatments

ENZYMATIC PEEL



Recommended for:
all skin types, especially skin with discolorations

Active ingredients:
papain, shea butter, grape seed oil

- Product activity:**
- removes the dead cells of the epidermis
 - brightens discolorations
 - makes the skin ready for further beauty treatments

5133 / 200 ml / efficiency of 15 treatments

WHITENING DISCOLORATION SERUM MASK



Recommended for:
skin with uneven pigmentation

Active ingredients:
ActiWhite™, mulberry extract,
vitamin C

- Product activity:**
- brightens discolorations
 - corrects skin discolorations
 - limits melanin synthesis

1456 / 200 ml / efficiency of 20 treatments



WHITE SKIN

ACTIVE WHITENING DISCOLORATION CREAM



Recommended for:
skin with uneven pigmentation

Active ingredients:
cucumber extract, mulberry extract
ActiWhite™, vitamin C

- Product activity:**
- brightens discolorations
 - corrects skin discolorations
 - limits melanin synthesis

2026 / 200 ml / efficiency of 40 treatments

WHITENING DISCOLORATION POINT CREAM



Recommended for:
skin with uneven pigmentation

Active ingredients:
Lumisphere™, vitamin C

- Product activity:**
- gives immediate illuminated skin effect
 - reduces discolorations
 - evens the skin tone

1449 / 100 ml / efficiency of 50 treatments



ACID PEELS EXFOLIATING ACIDS

EXFOLIATING ACID
50% AHA-BHA
pH 2,6



Recommended for:

mature skin with signs of aging,
sensitive and dry

Active ingredients:

glycolic acid 24%, lactic acid 24%,
salicylic acid 2%

Product activity:

- smoothes and exfoliates the skin
 - accelerates cell renewal
- reduces and shallows wrinkles
- stimulates collagen production
 - rebuilds skin structure
- increases skin tightness and elasticity
 - cleanses and tightens pores
- brightens and diminishes discolorations

5058 / 50 ml / efficiency of 10 treatments

EXFOLIATING ACID
35% MANDE-LAC
pH 2,5



Recommended for:

all skin types, also couperose
and sensitive

Active ingredients:

mandelic acid 30%, lactobionic acid 5%

Product activity:

- exfoliates and smoothes the skin
 - evens the skin tone
 - diminishes shallow wrinkles
- stimulates collagen and elastin synthesis
- improves skin density and firmness
 - reduces hyperpigmentation
and acne scars
- normalizes sebum secretion
 - soothes acne

5065 / 50 ml / efficiency of 10 treatments

EXFOLIATING ACID
29% PYRUVIC
pH 1,2



Recommended for:

skin with seborrheic dermatitis, acne-prone,
sensitive and with signs of aging

Active ingredients:

pyruvic acid 15%, mandelic acid 7%,
tartaric acid 7%

Product activity:

- normalizes sebum secretion
- prevents and reduces blackheads
 - regulates keratinization
- smoothes and improves skin structure
 - improves skin density
 - diminishes wrinkles
- brightens and evens the skin tone

5072 / 50 ml / efficiency of 10 treatments



ACID PEELS EXFOLIATING ACIDS

EXFOLIATING ACID
20% LACTO-SHIKIMIC
pH 2,0



Recommended for:

mature, dry and acne skin,
hypersensitive to AHA acids

Active ingredients:

shikimic acid 5%, lactobionic acid 13%,
lactic acid 2%

Product activity:

- gently exfoliates the skin without the risk of irritations
- inhibits growth of bacteria responsible for acne
- unclogs sebaceous glands
- reduces inflammation clumps
- improves skin elasticity and firmness
 - shallows wrinkles
- protects the skin against free radicals
- prevents and whitens discolorations and acne scars

5089 / 50 ml / efficiency of 10 treatments

DEGREASING SOLUTION



Recommended for:

skin preparation for treatments
using chemical peels

Active ingredients:

glycolic acid, propylene glycol

Product activity:

- thoroughly removes impurities
- eliminates skin's hydrolipidic coat
 - improves penetration of active ingredients

5041 / 500 ml / efficiency of 50 treatments

EXFOLIATING ACID
NEUTRALIZER
pH 7,5



Recommended for:

neutralization of acid peels

Active ingredients:

sodium bicarbonate

Product activity:

- neutralizes acid peels
 - soothes burning
- increases safety of the treatment

5034 / 150 ml / efficiency of 70-100 treatments



ACID PEELS treatments

AHA-BHA PEEL

Exfoliation treatment with acids: glycolic, lactic and salicylic for mature skin with signs of biological aging.

Indications for treatment:

- visible signs of aging, matte and lackluster skin
- discolorations, hyperpigmentation
- loss of tightness and elasticity
- visible wrinkles
- enlarged pores

Visible treatment effects:

- smooth skin
- reduction of fine and deep wrinkles
- stimulation of collagen production
- reconstruction of skin structure
- increased tension and elasticity of the skin
- cleaning and tightening of enlarged skin pores
- significant brightening, even elimination of discoloration
- silky smooth skin

Product	Material usage
1388 Micellar lotion	10 ml
4990 Cleansing foam	1 ml
5058 Exfoliating acid 50% AHA-BHA pH 2,6	5 ml
5041 Degreasing solution	10 ml
5034 Exfoliating acid neutralizer	2 ml
1531 Extra moisturizing cream SPF 25	5 ml
4921 Beauty cocktail 3D MEZO RESVE	3 ml
1821 Tomato extract mask	10 ml

WARNING:

In case of a very strong burning sensation after acid peeling application wash the product off immediately and apply Neutralizer. Leave Neutralizer on the skin for at least 1 minute and remove it with cotton pads dampened with cold water.

TREATMENT COURSE

PREPARATION

STEP 1

Thoroughly clean the face, neck and eye contour area with Micellar Lotion and Cleansing foam: soak cotton pads in micellar fluid and remove make-up. Apply two doses of Cleansing foam on wet hands and massage into the skin. Rinse well with warm water.

STEP 2

Degrease the entire area of the skin where the treatment will be performed with Degreasing solution: soak cotton pads in solution and wash the skin twice. Leave the skin to dry.

EXFOLIATION

Apply acid peel 50% AHA-BHA: secure the sensitive area with cosmetic vaseline: moles, minor damage to the skin, lips. Put a small amount of acid peel into a porcelain or glass bowl and apply on the skin using a brush. Leave it on the skin for 30 seconds to 1 minute after application. Rinse the product off thoroughly with cold water and dry with cotton pads or cosmetic tissue. Apply Neutralizer, leave on the skin for 1 minute, but no less than the peeling time. In subsequent treatments you can gradually prolong the time of the acid peel on the skin up to 2 minutes.

EXTENSION*

Apply Beauty Cocktail 3D MEZO RESVE on the skin and pat gently with your fingertips, then apply Tomato extract mask using a mask brush. Rinse the mask off with water after approx. 15 min.

FINAL PHASE

Apply Extra moisturizing cream SPF 25 on dried skin.

Frequency of the treatment: treatment can be performed once or as the anti-aging therapy. 3 treatments – every 21 days each. The series may be repeated after approx. 90 days.

* If there are no contraindications and the patient's skin responds well to acid peeling.



ACID PEELS treatments

MANDE-LAC PEEL

Mild exfoliation treatment improving the condition of the skin with mandelic and lactobionic acids, safe for all skin types, also couperose and sensitive to other peel acids.

Indications for treatment:

- various discolorations
- uneven skin tone
- excessive keratinization of the epidermis
- first signs of aging
- loss of firmness
- enlarged pores
- acne scars
- skin with impurities

Visible treatment effects:

- exfoliated and smooth skin
- evened skin tone
- diminished shallow wrinkles
- stimulation of collagen and elastin synthesis
- improved skin density and firmness
- reduced hyperpigmentation and acne scars
- normalized sebum secretion
- soothed acne

Product	Material usage
1388 Micellar lotion	10 ml
4990 Cleansing foam	1 ml
5065 Exfoliating acid 35% MANDE-LAC	5 ml
5041 Degreasing solution	10 ml
5034 Exfoliating acid Neutralizer	2 ml
1531 Extra moisturizing cream SPF 25	5 ml
4914 Beauty Cocktail HYDRO EXPRESS	3 ml
1807 Aloe Vera mask	10 ml

WARNING:

In case of a very strong burning sensation after the application of acid peeling wash the product off immediately and apply Neutralizer. Leave Neutralizer on the skin for at least 1 minute and remove it with cotton pads dampened with cold water.

TREATMENT COURSE

PREPARATION

Step 1

Thoroughly clean the face, neck and eye contour area with Micellar Lotion and Cleansing foam: soak cotton pads in micellar fluid and remove make-up. Apply two doses of Cleansing foam on wet hands and massage into the skin. Rinse well with warm water.

Step 2

Degrease the entire area of the skin, where the treatment will be performed with Degreasing solution: soak cotton pads in solution and wash the skin twice. Leave the skin to dry.

EXFOLIATION

Apply acid peel 35% MANDE-LAC:

secure sensitive areas with cosmetic vaseline: moles, minor damage to the skin, lips. Put a small amount of acid peel into a porcelain or glass bowl and apply on the skin using a brush. Leave it on the skin for 30 seconds to 1 minute after application. Rinse the product off thoroughly with cold water and dry with cotton pads or cosmetic tissue. Apply Neutralizer, leave on the skin for 1 minute, but no less than the peeling time. In subsequent treatments you can gradually prolong the time of the acid peel on the skin up to 4 minutes.

EXTENSION*

Apply Beauty Cocktail HYDRO EXPRESS on the skin and pat gently with your fingertips, then apply the moisturizing and soothing Aloe Vera mask using a mask brush. Rinse the mask off with water after approx. 15 min.

FINAL PHASE

Apply Extra moisturizing cream SPF 25 on dried skin.

Frequency of the treatment: first 7 treatments once a week each, next 3 treatments can be performed every 10 days, the next treatments – once a month to maintain the effects.

* If there are no contraindications and the patient's skin responds well to acid peeling.



ACID PEELS treatments

PYRUVIC PEEL

Exfoliation treatment with acids: pyruvic, mandelic, tartaric and salicylic for the skin with seborrheic dermatitis, acne-prone, sensitive and with signs of aging.

Indications for treatment:

- tendency for acne
- seborrheic dermatitis
- sensitive skin with signs of aging
- after-sun keratosis
- loss of firmness
- enlarged pores
- acne scars

Visible treatment effects:

- normalized sebum secretion
- preventing and reducing blackheads
- regulated keratinization
- smoothed and improved structure of the skin
- improved skin density
- diminished shallow wrinkles
- brightened and evened skin tone

Product	Material usage
1388 Micellar lotion	10 ml
4990 Cleansing foam	1 ml
5072 Exfoliating acid 29% PYRUVIC	5 ml
5041 Degreasing solution	10 ml
5034 Exfoliating acid Neutralizer	2 ml
1531 Extra moisturizing cream SPF 25	5 ml
4907 Beauty Cocktail SEBUM SOLUTION	3 ml
1807 Aloe Vera mask	10 ml

WARNING:

In case of a very strong burning sensation after the application of acid peeling wash the product off immediately and apply Neutralizer. Leave Neutralizer on the skin for at least 1 minute and remove it with cotton pads dampened with cold water.

TREATMENT COURSE

PREPARATION

STEP 1

Thoroughly clean the face, neck and eye contour area with Micellar Lotion and Cleansing foam: soak cotton pads in micellar fluid and remove make-up. Apply two doses of Cleansing foam on wet hands and massage into the skin. Rinse well with warm water.

STEP 2

Degrease the entire area of the skin, where the treatment will be performed, with Degreasing solution: soak cotton pads in the solution and wash the skin twice. Leave the skin to dry.

EXFOLIATION

Apply acid peel 29% PYRUVIC:

secure sensitive areas with cosmetic vaseline: moles, minor damage to the skin, lips. Put a small amount of acid peel into a porcelain or glass bowl and apply on the skin using a brush. Leave it on the skin for 2 to 3 minutes after application. Rinse the product off thoroughly with cold water and dry with cotton pads or cosmetic tissue. Apply Neutralizer, leave on the skin for 2 minutes, but no less than the peeling time. In subsequent treatments you can gradually prolong the time of the acid peel on the skin up to 5 minutes. In case of a very strong burning sensation after the application of acid peeling wash the product off immediately and apply Neutralizer. Leave Neutralizer on the skin for at least 1 minute and remove it with cotton pads dampened with cold water.

EXTENSION*

Apply Beauty Cocktail SEBUM SOLUTION on the skin and pat gently with your fingertips, then apply the moisturizing and soothing Aloe Vera mask using a mask brush. Rinse the mask off with water after approx. 15 min.

FINAL PHASE

Apply Extra moisturizing cream SPF 25 on dried skin.

Frequency of the treatment: once every 10-12 days; full treatment: 5-10 series

*If there are no contraindications and the patient's skin responds well to acid peeling.



ACID PEELS treatments

LACTO-SZIKIMIC PEEL

Exfoliation treatment with acids: shikimic, lactobionic and lactic, for mature, dry and acne skin, hypersensitive to AHA acids.

Indications for treatment:

- acne skin, folliculitis
- photoaging
- visible wrinkles
- loss of firmness
- various discolorations
- dry skin
- sensitive skin

Visible treatment effects:

- delicate exfoliation without the risk of irritations
- reduced amount of inflammation clumps
- improved elasticity and firmness
- preventing and whitening discolorations and acne scars
- inhibited growth of bacteria responsible for acne
- improved moisturization

Product	Material usage
1388 Micellar lotion	10 ml
4990 Cleansing foam	1 ml
5058 Exfoliating acid 20% LACTO-SZIKIMIC	5 ml
5041 Degreasing solution	10 ml
5034 Exfoliating acid Neutralizer	2 ml
1531 Extra moisturizing cream SPF 25	5 ml
4938 Beauty Cocktail NANO-RENEW GOLD MICROFUSION	3 ml
1807 Aloe Vera mask	10 ml

WARNING:

In case of a very strong burning sensation after the application of acid peeling wash the product off immediately and apply Neutralizer. Leave Neutralizer on the skin for at least 1 minute and remove it with cotton pads dampened with cold water.

TREATMENT COURSE

PREPARATION

STEP 1

Thoroughly clean the face, neck and eye contour area with Micellar Lotion and Cleansing foam: soak cotton pads in micellar fluid and remove make-up. Apply two doses of Cleansing foam on wet hands and massage into the skin. Rinse well with warm water.

STEP 2

Degrease the entire area of the skin where the treatment will be performed with Degreasing solution: soak cotton pads in solution and wash the skin twice. Leave the skin to dry.

EXFOLIATION

Apply acid peel 20% SHIKIMIC PEEL: secure sensitive areas with cosmetic vaseline: moles, minor damage to the skin, lips. Put a small amount of acid peel into a porcelain or glass bowl and apply on the skin using a brush. Leave it on the skin for 1.5 to 2 minutes after application. Rinse the product off thoroughly with cold water and dry with cotton pads or cosmetic tissue. Apply Neutralizer, leave on the skin for 1.5 minutes, but no less than the peeling time. In subsequent treatments you can gradually prolong the time of the acid peel on the skin up to 3 minutes. In case of a very strong burning sensation after acid peeling application wash the product off immediately and apply Neutralizer. Leave Neutralizer on the skin for at least 1 minute, remove it with the cotton pads dampened with cold water.

EXTENSION*

Apply Beauty Cocktail NANO-RENEW GOLD MICROFUSION on the skin and pat gently with your fingertips, then apply the moisturizing and soothing Aloe Vera mask using a mask brush. Rinse the mask off with water after approx. 15 min.

FINAL PHASE

Apply Extra moisturizing cream SPF 25 on dried skin.

Frequency of the treatment: in a series of 7-10 treatments once a week

*If there are no contraindications and the patient's skin responds well to acid peeling.



PORE SOLUTION

EXFOLIATING ACID
10% PHYTIC ACID EXTREME
pH < 2



BIO MASK
SHRINKING PORES



LIGHT CREAM
TIGHTENING PORES



Recommended for:

all skin types with enlarged pores

Active ingredients:

natural phytic acid, Japanese rose extract, green tea extract, panthenol

Product activity:

- gently exfoliates the epidermis
- cleanses the skin
- tightens enlarged pores
- has antioxidant properties
- brightens discolorations
- regulates melanogenesis and sebum secretion processes
- moisturizes the skin

Recommended for:

combination and oily skin, especially with enlarged pores and blackheads

Active ingredients:

Japanese rose extract, cocoa clay, *Imperata Cylindrica* root extract

Product activity:

- regulates the epidermis exfoliation and sebum secretion processes
- tightens pores and reduces existing blackheads
- regulates the melanogenesis process
- stimulates collagen and elastin synthesis
- improves skin moisturization

Recommended for:

normal, oily and acne skin

Active ingredients:

Japanese rose extract, acerola extract, niacinamide, nano-gold

Product activity:

- reduces the feeling of oily and shiny skin
- masks skin imperfections
- tightens enlarged pores
- regulates sebum secretion
- stimulates collagen synthesis

5003 / 50 ml / efficiency of 10 treatments

4655 / 200 ml / efficiency of 20 treatments

4983 / 200 ml / efficiency of 40 treatments

TIGHTENING ENLARGED PORES TREATMENT WITH INTENSIVE ANTI-AGING EFFECT

Indications for treatment:

skin with enlarged pores and tendency to form blackheads, with the first signs of aging, dry, sensitive, requiring some refreshing and anti-aging treatment

Visible treatment effects:

tightened pores, brightened skin, smooth and silky in touch

TREATMENT COURSE

1. Thoroughly clean the face, neck and eye contour area with Micellar Lotion and Cleansing foam.
2. Soak two cotton pads with Antibacterial lotion and pat it gently over the face and neck area. Apply it to the T-zone or to the whole face. Allow it to dry.
3. Apply Exfoliating acid 10% phytic acid extreme to the face and neck with light, sweeping movements. Leave it to be absorbed.
4. Apply BIO mask shrinking pores to the face. Leave it for approx. 20 minutes to dry. Rinse off with warm water.
5. Soak two cotton pads with Antibacterial lotion and pat it gently over the face.
6. Use Beauty Cocktail SEBUM SOLUTION. Apply the product all over the face with light sweeping motions. Massage onto the skin for approx. 15 minutes or use sonophoresis and needle-free mesotherapy*.
7. Apply Light cream tightening pores and massage it gently into the skin.

*Depending on the client's age and skin, use interchangeably: Beauty Cocktail HYDRO EXPRESS or NANO RENEW.

Major causes of ENLARGED PORES:

- **skin type**
Most apparent with oily and combination skin – excessive sebum secretion causes dilation of sebaceous glands, called skin pores.
- **frequent sunbathing (solarium), high temperature (sauna)**
Drying of the skin leads to excessive secretion of sebum.
- **age**
The loss of firmness and elasticity means that the pores become more apparent.

Home Care for mature skin PORE SOLUTIONS

- 4693 Active day serum 50 ml
- 4709 Ultra-rich night cream 50 ml
- 4679 BIO Peeling with 5% of Phytic Acid 30 ml
- 4686 Smoothing BIO Mask tightening pores 100 g
- 4716 Make-up remover cleansing foam 150 ml



Active ingredients:

Japanese Rose Fruit Extract

- shrinks enlarged pores
- prevents oxidation of lipids
- inhibits melanin synthesis
- exfoliates the epidermis
- improves skin elasticity

Natural Phytic Acid

- gently exfoliates and regenerates skin cells
- protects the skin against the photo-aging process
- evens the skin tone
- acts as antioxidant

Product	Materials' usage (1 treatment)
1388 Micellar lotion	10 ml
4990 Cleansing foam	1 ml
5003 Acid Peel 10% PHYTIC ACID EXTREME	5 ml
4655 BIO Mask shrinking pores	10 ml
Beauty Cocktails (one of the following) 4907 SEBUM SOLUTION 4914 HYDRO EXPRESS 4938 NANO RENEW	3 ml
4983 Light cream tightening pores	5 ml

Home Care for young skin PORE REVOLUTION

- 4747 Mattifying serum-gel 50 ml
- 4754 Active cream seborregulator 50 ml
- 4761 Phytic acid BIO peel 2 ml
+ Chocolate BIO facial mask 6 ml
- 4723 Soothing cleansing foam 150 ml



MICELLAR LOTION

CLEANSING MILK WITH EYEBRIGHT EXTRACT

CLEANSING MILK ALOE VERA

ALOE VERA HYDRATING TONER



Recommended for:
all skin types

Active ingredients:
seabuckthorn and cornflower extracts, micelles

- Product activity:**
- thoroughly removes make-up
 - moisturizes the skin
 - soothes the skin

1388 / 500 ml / efficiency of 50 treatments

Recommended for:
sensitive skin

Active ingredients:
eyebright extract, coconut and sunflower oils

- Product activity:**
- thoroughly removes make-up
 - soothes the skin
 - strengthens the protective barrier of the skin

2231 / 500 ml / efficiency of 50 treatments

Recommended for:
normal and dry skin

Active ingredients:
Aloe Vera extract, coconut and sunflower oils

- Product activity:**
- thoroughly removes make-up
 - moisturizes the skin
 - strengthens the protective barrier of the skin

1548 / 500 ml / efficiency of 50 treatments

Recommended for:
normal and dry skin

Active ingredients:
Aloe Vera extract, allantoin

- Product activity:**
- thoroughly removes impurities
 - restores the skin to its natural pH
 - improves moisturization

1555 / 500 ml / efficiency of 50 treatments

SOOTHING LOTION



Recommended for:
sensitive skin

Active ingredients:
eyebright extract, allantoin

- Product activity:**
- thoroughly removes impurities
 - restores skin to its natural pH
 - soothes the skin

2248 / 500 ml / efficiency of 50 treatments

ANTIBACTERIAL LOTION



Recommended for:
oily and acne skin

Active ingredients:
lavender oil, tea tree oil, lemongrass oil, panthenol, allantoin

- Product activity:**
- has antibacterial properties
 - soothes the skin
 - reduces excessive sebum secretion
 - refreshes the skin

1654 / 500 ml / efficiency of 50 treatments

CLEANSING FOAM



Recommended for:
all skin types

Active ingredients:
betaine, *Coco-Glucoside*, Japanese rose extract, *Imperata Cylindrica* root extract, niacinamide, panthenol

- Product activity:**
- gives efficient cleansing
 - tightens pores
 - reduces excessive sebum secretion
 - soothes the skin
 - improves skin moisturization

4990 / 150 ml / efficiency of 150 treatments

EXFOLIATING ENZYMATIC MASK



Recommended for:
all skin types

Active ingredients:
papaine, bromelain, kaoline

- Product activity:**
- exfoliates dead epidermal cells
 - smoothes the skin
 - tightens pores
 - soothes the skin

1616 / 200 ml / efficiency of 15 treatments



BEAUTY COCKTAILS

HYDRO EXPRESS

BIO moisturizing cocktail with hyaluronic acid synthesis activator



Recommended for:

dry, sensitive, rough skin, prone to irritations and chronically blushed

Active ingredients:

1,5% Hydranov™, 5% HYAL-NA, Beta Glucan, Moisturizing Factor, Panthenol

Product activity:

- increases the moisture level on 5 layers of the epidermis
 - reduces TEWL,
- protects against dehydration
 - soothes irritations and skin redness
 - stimulates ceramides and collagen production
 - smoothes and improves skin elasticity
- reduces the feeling of tightness

4914 / 30 ml / efficiency of 10 treatments

3D MEZO RESVE

BIO mimetic cocktail stimulation of longevity gene



Recommended for:

mature skin with visible fine lines and wrinkles, dry

Active ingredients:

3% Metabiotics™, Resveratrol, 6% Argireline®, small molecule collagen, vitamins A, E, F

Product activity:

- extends life of skin cells
 - protects collagen and elastin against degradation
 - smoothes and shallows mimic fine lines
 - prevents the formation of wrinkles
- improves skin moisturization and elasticity
 - increases skin density and cohesion
 - protects the skin against free radicals

4921 / 30 ml / efficiency of 10 treatments

NANO-RENEW GOLD MICROFUSION

BIO stimulating regenerative cocktail with nano-gold and stem cells



Recommended for:

skin with visible signs of aging, requiring brightening, and regeneration

Active ingredients:

argan stem cells, gold nanoparticles

Product activity:

- instantly smoothes skin structure
 - shallows wrinkles and deeper fine lines
- significantly increases skin elasticity and firmness levels
 - brightens discolorations
 - evens the skin tone
 - gives immediate illuminated skin effect
- gives long-lasting moisturization
 - reduces inflammations

4938 / 30 ml / efficiency of 10 treatments



BEAUTY COCKTAILS

PEARL HI-EXTREME LIFTING

Extra tightening cocktail with White pearl extract



Recommended for:

all skin types with the loss of tightness and firmness

Active ingredients:

Liftonin®-Xpress, White pearl extract

Product activity:

- gives visible tightening effect within just 1 hour after application
- increases skin elasticity and firmness
- gives instant wrinkle smoothing effect
 - increases skin moisture
- restores skin delicacy and softness

4945 / 30 ml / efficiency of 10 treatments

RETIN CE

Intensively rejuvenating cocktail with encapsulated Retinol



Recommended for:

mature skin with decreased elasticity, uneven skin tone, matte, deprived of glow

Active ingredients:

1% encapsulated retinol, 10% vitamin C, vitamins E, F, acerola extract

Product activity:

- enhances the renewal of cells
- reduces the depth of wrinkles
 - fights free radicals
- reduces discolorations and brightens the skin tone
- increases skin density and firmness
 - smoothes the skin and improves its elasticity
- strengthens the protective barrier of the skin

4952 / 30 ml / efficiency of 10 treatments

SEBUM SOLUTION

Antibacterial cocktail with Niacinamide and Azelogyline



Recommended for:

oily to combination skin, with enlarged pores and a tendency towards acne of different origin, regardless of age

Active ingredients:

niacinamide, azelogyline, panthenol, Aloe Vera extract, Moisturizing Factor, tea tree oil

Product activity:

- reduces excessive sebum secretion
- eliminates blackheads
- reduces acne-caused discolorations
 - renews skin cells
 - soothes irritations
- moisturizes intensively and deeply
- mattifies and smoothes the skin

4907 / 30 ml / efficiency of 10 treatments

EXAMPLES OF TREATMENT

LIFTING TREATMENT

Indications for treatment: mature skin with decreased elasticity

TREATMENT STEPS	PRODUCTS	INDEX
Cleansing and make-up removal	Micellar lotion Cleansing foam Aloe Vera hydrating toner	1388 4990 1555
Peeling	Exfoliating enzymatic mask	1616
Active serum	Beauty Cocktail PEARL HI-EXTREME LIFTING	4945
Mask	Lifting mask	1579
End of treatment	Eye countour cream with peptides Anti-aging cream with phytohormones	3733 1623

Visible treatment effects: visible tightening effect within just 1 hour after application, improved contour of the face, shallowed wrinkles, increased elasticity and firmness, instant wrinkle smoothing effect, reduced depth of wrinkles, smooth skin, stimulated collagen production

ANTI-AGING AND BRIGHTENING TREATMENT

Indications for treatment: normal and matte skin, deprived of glow, with first signs of aging

TREATMENT STEPS	PRODUCTS	INDEX
Cleansing and make-up removal	Micellar lotion Soothing lotion with eyebright extract	1388 2248
Peeling	Exfoliating enzymatic mask	1616
Active serum	Beauty Cocktail RETIN CE	4952
Mask	Tomato extract mask	1821
End of treatment	Eye countour cream reducing dark circles and puffiness Extra moisturizing cream SPF 25	1586 1531

Visible treatment effects: evened skin tone, reduced discolorations and skin tone brightening, reduced wrinkles, increased elasticity and firmness.

EXAMPLES OF TREATMENT

NOURISHING AND REGENERATING TREATMENT

Indications for treatment: dry, mature skin, with visible signs of aging

TREATMENT STEPS	PRODUCTS	INDEX
Cleansing and make-up removal	Micellar lotion Cleansing milk Aloe Vera Aloe Vera hydrating toner	1388 1548 1555
Peeling	Organic peeling with rice	2927
Serum aktywne	Beauty Cocktail NANO-RENEW GOLD MICROFUSION	4938
Mask	Carotene mask	1814
End of treatment	Eye countour cream with algae extract Cream with ceramides	2262 1524

Visible treatment effects: significant increase in skin elasticity and firmness levels, long-lasting moisturization, instant smoothing of skin structure, reduced inflammations, regeneration of the epidermis, evened skin tone, nourished skin

INTENSIVE MOISTURIZING TREATMENT

Indications for treatment: dry, dehydrated skin

TREATMENT STEPS	PRODUCTS	INDEX
Cleansing and make-up removal	Micellar lotion Cleansing milk Aloe Vera Aloe Vera hydrating toner	1388 1548 1555
Peeling	Exfoliating enzymatic mask	1616
Active serum	Beauty Cocktail HYDRO EXPRESS	4914
Mask	Algae mask	1609
End of treatment	Eye countour cream with algae extract Cream with green tea extract	2262 1791

Visible treatment effects: long-lasting and deep skin hydration on 5 levels of the epidermis, reduced TEWL, skin protected against dehydration, improved elasticity and tension, smoothed skin

EXAMPLES OF TREATMENT

SOOTHING TREATMENT

Indications for treatment: sensitive, overdry and irritated skin

TREATMENT STEPS	PRODUCTS	INDEX
Cleansing and make-up removal	Micellar lotion Cleansing milk with eyebright extract Soothing lotion with eyebright extract	1388 2231 2248
Active serum	Beauty Cocktail HYDRO EXPRESS	4914
Mask	Aloe Vera mask	1807
End of treatment	Soothing cream with eyebright extract	2255

Visible treatment effects: soothed irritations and skin redness, skin regeneration, protective barrier of the skin, increased moisture level, smooth skin

TREATMENT FOR OILY AND ACNE SKIN

Indications for treatment: oily, combination and acne skin

TREATMENT STEPS	PRODUCTS	INDEX
Cleansing and make-up removal	Micellar lotion Antibacterial lotion	1388 1654
Peeling	Enzymatic peel	5133
Active serum	Beauty Cocktail SEBUM SOLUTION	4907
Mask	Anti-acne peel-off mask	2514
End of treatment	Normalizing cream with green tea extract	1968

Visible treatment effects: reduced excessive sebum secretion, normalized secretion of sebaceous glands, elimination of blackheads, soothed irritations, reduced acne-caused discolorations, intensive and deep moisturization



EXAMPLES OF TREATMENT

ANTI-AGING AND ANTIOXIDANT TREATMENT

Indications for treatment: normal and mature skin

TREATMENT STEPS	PRODUCTS	INDEX
Cleansing and make-up removal	Micellar lotion Cleansing milk Aloe Vera Aloe Vera hydrating toner	1388 1548 1555
Peeling	Exfoliating enzymatic mask	1616
Active serum	Beauty Cocktail 3D MEZO RESVE	4921
Mask	Anti-wrinkle peel-off mask for facial care	2385
End of treatment	Eye countour cream reducing dark circles and puffiness Anti-aging cream with phytohormones	1586 1623

Visible treatment effects: smoothed fine lines, improved elasticity and tension, increased skin density and cohesion, protection against free radicals

SCHEME FACIAL TREATMENT USING BEAUTY COCKTAILS

1

Cleansing and make-up removal

Remove eye make-up and thoroughly clean the skin using treatment products.

2

Active phase

Apply peeling – use mechanical or enzyme peeling, suitable for the skin type. Use Beauty Cocktail with active ingredients or Serum in ampoule. Apply approx. 3 ml of Beauty Cocktail or Serum to the skin using sonophoresis and needle-free mesotherapy. Remember to use Ultrasound gel. If you do not have any device, or there are contraindications to their use, apply product onto the skin and massage it until completely absorbed.

Apply an appropriate cream mask or algae peel-off mask.

3

Final phase

Apply Cream suitable for the skin type on the face and neck, and massage it in gently with a circular motion. Leave it to be absorbed.

Gently tap in eye cream around the eyes.



AMPOULES

MOISTURIZING SERUM



Recommended for:
normal, dry or tired skin

Active ingredients:

hyaluronic acid, NMF (natural moisturizing factor), *Saccharide Isomerate*

Product activity:

- long lasting moisturization
- improves skin elasticity
- protects skin against dehydration
- smoothing

1869 / 10 x 3 ml / efficiency of 10 treatments

LIFTING SERUM



Recommended for:
mature skin with decreased elasticity

Active ingredients:

Sodium Polystyrene Sulfonate, vitamin E

Product activity:

- improves skin elasticity and firmness
- tightens skin texture
- fights free radicals
- shallows wrinkles

1876 / 10 x 3 ml / efficiency of 10 treatments

SERUM WITH COLLAGEN AND ELASTIN



Recommended for:
all skin types, especially for mature and dry

Active ingredients:

marine collagen, elastin, panthenol

Product activity:

- improves skin firmness and elasticity
- reduces the depth of wrinkles
- intensive and deep moisturization
- smoothes and renews the skin

1883 / poj. 10 x 3 ml / efficiency of 10 treatments



AMPOULES

SERUM WITH FRUIT ACIDS



Recommended for:

dry skin, with discolorations, enlarged pores, acne-caused scars and excessive seborrhea

Active ingredients:

mixture of hydroxy acids: alfa-(AHA) and beta-(BHA), glycerine, panthenol, allantoin

Product activity:

- regulates the renewal of skin cells (exfoliating dead epidermal cells)
 - brightens discolorations
 - shallows wrinkles
 - tightens enlarged pores
- normalizes sebum secretion
- stimulates collagen and elastin sythesis
- improves moisturization

1890 / 10 x 3 ml / efficiency of 10 treatments

ANTI-WRINKLE SERUM



Recommended for:

all skin types with first signs of aging

Active ingredients:

algae extract, *Centella Asiatica* extract, ginseng extract, collagen, elastin, red grape extract

Product activity:

- slows down the skin aging process
 - regenerates the epidermis
- improves the contour of the face
- increases skin tightness and elasticity
 - reduces and shallows wrinkles

1913 / 10 x 3 ml / efficiency of 10 treatments

For use with with sonophoresis and needle-free mesotherapy treatments



ULTRASOUND GEL

Recommended for:

all skin types

Active ingredients:

organic lavender water, glycerine, *Sodium PCA*

Product activity:

- provides very good conductivity of the ultrasonic waves
- facilitates the introduction of active ingredients into deeper layers of the skin
 - provides a steady glide

Application:

necessary for proper performance of treatments using cosmetic devices: sonophoresis, needle-free mesotherapy, RF radio frequency.

1951 / 500 ml / efficiency of 50 treatments

EXAMPLES OF TREATMENT

MOISTURIZING AND NOURISHING TREATMENT

Indications for treatment: normal, dry and tired skin

TREATMENT STEPS	PRODUCTS	INDEX
Active serum	MOISTURIZING SERUM	1869
Mask	Algae mask	1609

Visible treatment effects: increased skin hydration, prevention of water loss from the skin, improved oxygenation of the cells, smoothed skin.

LIFTING TREATMENT

Indications for treatment: normal, dry and tired skin

TREATMENT STEPS	PRODUCTS	INDEX
Active serum	LIFTING SERUM	1876
Mask	Lifting mask	1579

Visible treatment effects: lifted and improved skin tension, reduced and shallowed wrinkles, collagen regeneration, protection against free radicals, improved skin firmness.



EXAMPLES OF TREATMENT

HYDRATING AND SMOOTHING TREATMENT

Indications for treatment: all skin types

TREATMENT STEPS	PRODUCTS	INDEX
Active serum	SERUM WITH COLLAGEN AND ELASTIN	1883
Mask	Aloe Vera Mask	1807

Visible treatment effects: intensive moisturizing, reduced wrinkles, smooth skin, improved flexibility, skin regeneration, soothed irritation.

ANTI-WRINKLE TREATMENT

Indications for treatment: normal and dry skin with first signs of aging

TREATMENT STEPS	PRODUCTS	INDEX
Active serum	ANTI-WRINKLE SERUM	1913
Mask	Tomato extract mask antioxidant	1821

Visible treatment effects: smoothed wrinkles, improved skin hydration, tension and firmness, slowed-down aging process, skin regeneration.





CREAM MASKS

SOFTENING MASK



Recommended for:
oily, combination and acne skin

Active ingredients:
flaxseed extract, yeast extract

Product activity:

- softens the epidermis, provides an excellent base for cosmetic mechanical cleansing
- opens and cleanses pores, normalizes sebum secretion
- soothes and moisturizes the skin after cleansing

1593 / 200 ml / efficiency of 20 treatments

ALOE VERA MASK



Recommended for:
all skin types, especially dehydrated skin

Active ingredients:
Aloe Vera leaf juice, hyaluronic acid, vitamin E

Product activity:

- moisturizes the skin
- soothes irritations
- regenerates and smoothes the skin
- increases skin elasticity

1807 / 200 ml / efficiency of 20 treatments

CAROTENE MASK



Recommended for:
dry, mature and dull skin with uneven skin tone

Active ingredients:
carrot extract, vitamins A, E, F and walnut extract

Product activity:

- regenerates the epidermis
- nourishes the skin
- increases skin firmness and elasticity
- improves skin color

1814 / 200 ml / efficiency of 20 treatments



CREAM MASKS

TOMATO EXTRACT MASK



Recommended for:
normal and dry skin, with first signs of aging

Składniki aktywne:
tomato extract rich in Lycopene

Product activity:

- powerful antioxidant
- protects the skin against UV rays
- protects the skin against premature signs of aging
- increases skin moisturization, tension and firmness

1821 / 200 ml / efficiency of 20 treatments

ALGAE MASK



Recommended for:
normal and dry skin, with first signs of aging, skin lacking firmness

Składniki aktywne:
algae extract, coenzyme Q10

Product activity:

- maintains proper skin moisture balance
 - fights free radicals
- provides oxygen to the skin
 - combats the aging effect

1609 / 200 ml / efficiency of 20 treatments

LIFTING MASK



Recommended for:
mature skin with wrinkles, skin lacking firmness

Składniki aktywne:
red clover extract, algae extract, wheat proteins, marine DNA

Product activity:

- gives immediate lifting effect, improves skin firmness
- nourishes and smoothes the epidermis
- stimulates collagen reproduction
 - regenerates the epidermis
- reduces small and deep wrinkles

1579 / 200 ml / efficiency of 20 treatments



ALGAE PEEL-OFF MASKS

ANTI-WRINKLE
PEEL-OFF MASK
FOR FACIAL CARE

ANTI-ACNE
PEEL-OFF MASK

ANTI-WRINKLE
PEEL-OFF MASK
FOR EYE AREA



Recommended for:
normal and mature skin

Active ingredients:
alginate, hibiscus extract

- Product activity:**
- gives intensive moisturization
 - improves skin tension and firmness
 - smoothes shallow wrinkles

Recommended for:
oily, combination, acne and contaminated skin

Active ingredients:
alginate, tea tree oil, willow leaves extract,
marine silt extract

- Product activity:**
- regulates sebum secretion
 - cleanses and tightens pores
 - has antibacterial properties
 - gives intensive moisturization
 - gently exfoliates the epidermis

Recommended for:
skin with first signs of aging, mature

Active ingredients:
alginate, rice protein, marine collagen,
rose extract

- Product activity:**
- gives intensive moisturization
 - nourishes the skin
 - smoothes fine lines and wrinkles
 - reduces puffiness under the eyes
 - evens the skin tone (brightening effect)

2385 / 250 g / efficiency of 10 treatments

2514 / 250 g / efficiency of 10 treatments

2521 / 250 g / efficiency of 25 treatments



ALGAE PEEL-OFF MASKS

EXAMPLES OF TREATMENT

INTENSIVE ANTI-WRINKLE TREATMENT

Indications for treatment: mature skin, with signs of aging and discolorations

TREATMENT STEPS	PRODUCTS	INDEX
Active serum	Beauty Cocktail NANO-RENEW GOLD MICROFUSION	4938
Mask	Anti-wrinkle peel-off mask for facial care	2385

Visible treatment effects: immediate smoothing effect, reduced wrinkles, improved skin tension and firmness, hydration, skin lightening discoloration and illumination, evened skin tone.

SOOTHING TREATMENT (AFTER CLEANSING)

Indications for treatment: skin prone to irritation, dry, acne

TREATMENT STEPS	PRODUCTS	INDEX
Active serum	Beauty Cocktail HYDRO EXPRESS	4914
Mask	Anti-acne peel-off mask	2514

Visible treatment effects: normalized sebum secretion, increased moisture level in 5 layers of the epidermis, reduced feeling of "tightness", improved elasticity of the skin, soothed irritations and skin redness.

ANTI-WRINKLE UNDER EYE TREATMENT

Indications for treatment: all skin types

TREATMENT STEPS	PRODUCTS	INDEX
Active serum	Anti-wrinkle eye contour concentrate capsules	3740
Mask	Anti-wrinkle peel-off mask for eye area	2521

Visible treatment effects: reduction of mimic fine lines, intensive nutrition and moisturization, brightening effect, smooth skin.

EYE COUTOUR CREAM WITH PEPTIDES



Recommended for:
mature skin, with expression wrinkles

Active ingredients:
Argireline®

- Product activity:**
- visibly reduces expression wrinkles
 - supplements lipides of intercellular cement
 - strengthens and revitalizes the skin
 - soothes the skin and reduces signs of tiredness
 - smoothes the skin and improves its hydration
 - delivers a brightened and radiant skin effect

3733 / 100 ml / efficiency of 30 treatments

EYE COUTOUR CREAM WITH ALGAE EXTRACT



Recommended for:
skin with first signs of aging, mature

Active ingredients:
algae extract, eyebright herb extract, coenzyme Q10, vitamin E

- Product activity:**
- visibly reduces expression wrinkles
 - regenerates and stimulates collagen production
 - improves skin tension and elasticity
 - soothes irritations
 - smoothes the skin and improves its hydration

2262 / 100 ml / efficiency of 30 treatments

EYE COUTOUR CREAM REDUCING DARK CIRCLES & PUFFINESS



Recommended for:
all skin types, for dark circles and puffiness around the eyes

Active ingredients:
phytosqualane, flavonoids, peptides, olive butter

- Product activity:**
- reduces the appearance of dark circles and chronic puffiness surrounding the eye area
 - shallows expression wrinkles and improves the eye contour
 - nourishes and regenerates the skin
 - improves skin tension around the eye area

1586 / 100 ml / efficiency of 30 treatments

ANTI-WRINKLE EYE COUTOUR CONCENTRATE CAPSULES



Recommended for:
mature skin, requiring lifting

Active ingredients:
Argireline®

- Product activity:**
- visibly reduces expression wrinkles
 - shallows furrows
 - smoothes the skin
 - improves skin hydration

3740 / 25 x 3 ml / efficiency of 25 treatments

TREATMENT TO REDUCE UNDER-EYE WRINKLES

Active ingredients:

Hexapeptide-8 ARGIRELINE

composed of natural aminoacids; designed to relax muscles and thus reduce expression wrinkles; produces integral skin recovery, effectively reduces the depth of the lines, especially on the forehead and around the eyes, and prevents the formation of new ones; a safer, cheaper and milder alternative to Botulinum Toxin.

Algae extract

a source of vitamins, aminoacids, proteins and minerals, provides proper hydration and nutrition of the skin

Marine collagen

increases the level of skin moisture, prevents sagging skin, improves its flexibility

Shea butter

has a high affinity for the epidermal lipids, supports their protective action

Vegetale ceramides

restore the lipid barrier to intercellular cement, improve skin structure and regenerate the skin

Indications for treatment:

- visible wrinkles around the eyes called crow's feet
- skin around the eyes which requires moisturizing and smoothing
- preventing the formation of new wrinkles

Visible treatment effects:

- shallowed wrinkles
- smooth skin around the eyes
- optimal hydration around the eyes

Home care:

Peptide Lift

Wrinkle Reducer

Anti-aging eye contour concentrate in capsules



TREATMENT TO REDUCE UNDER-EYE WRINKLES

Treatment course	Product	Performance of treatment	Material usage
CLEANING PHASE	1388 Micellar lotion	Remove eye and face make-up with cotton pads dampened with Micellar lotion. Wait until the lotion dissolves the make-up and wash the eyes; move from the outer corner to inner corner.	10 ml
ACTIVE PHASE	3740 Anti-wrinkle eye contour concentrate capsules	Apply Anti-wrinkle concentrate eye capsules in area with wrinkles around the eyes. Gently massage to absorb. Do not apply on the upper eyelid. Keep away from conjunctival sacs.	3 ml
	2521 Anti-wrinkle peel-off mask for the eye area	Prepare the mask: dose powder and warm water in a 1:3 ratio. Pour the water on the powder, stir quickly and vigorously for one minute until you get a homogeneous paste. Apply the paste immediately on eyelids and under the eyes. Leave the mask to work for at least 15 minutes (the mask solidifies into a plastic cast). The mask should be removed from the bottom toward the forehead. Remove alginate residue with a cotton pad moistened with water.	10 g
FINAL PHASE	3733 Eye contour cream with peptides	Gently tap Eye contour cream onto the eye area. Leave until absorbed.	3 ml

Contraindications: hypersensitivity to active ingredients contained in the product.

Frequency of the treatment: 6-10 treatments – twice a week, next treatments can be performed 2-3 times a month to maintain the effects.



FACE CREAMS

CREAM WITH GREEN TEA EXTRACT

NORMALIZING CREAM WITH GREEN TEA EXTRACT

CREAM WITH HYALURONIC ACID

CREAM WITH CERAMIDES



Recommended for:
dry and sensitive skin

Recommended for:
oily and combination skin

Recommended for:
normal and dry skin

Recommended for:
dry and mature skin, skin prone to irritations

Active ingredients:
green tea extract, coenzyme Q10, *Imperata Cylindrica* root extract

Active ingredients:
green tea extract, coenzyme Q10, *Enantia Chloranta* African tree extract

Active ingredients:
hyaluronic acid, soy oil

Active ingredients:
vegetable ceramides, Inka rice oil, vitamin E, grape seed oil

- Product activity:**
- reinforces skin moisturizing even for 24 hours
 - protects the skin against free radicals
 - slows down skin aging process
 - supports skin regeneration process
 - enhances skin tension and elasticity

- Product activity:**
- protects the skin against free radicals
 - stimulates natural skin regeneration process
 - anti-inflammatory
 - soothes irritations
 - normalizes the secretion of sebaceous glands
 - moisturizes the skin
 - prevents the skin from shining

- Product activity:**
- protects the outer layers of the epidermis against excessive dehydration
 - maintains an optimum level of moisture in the skin
 - slows down skin aging process
 - supports skin regeneration process
 - improves skin elasticity

- Product activity:**
- supplements lipides of intercellular cement, regenerates the epidermis
 - reduces hyperkeratosis of the epidermis
 - reduces TEWL (transepidermal water loss)
 - regenerates and smoothes the skin
 - visibly reduces wrinkles

1791 / 200 ml / efficiency of 40 treatments

1968 / 200 ml / efficiency of 40 treatments

2040 / 200 ml / efficiency of 40 treatments

1524 / 200 ml / efficiency of 40 treatments



FACE CREAMS

CREAM FOR DILATED CAPILLARIES



Recommended for:
skin with dilated and breaking capillaries

Active ingredients:
extracts of: horse chestnut, cypress, lime tree and black lilac, vitamins C and E

- Product activity:**
- increases skin resistance to the negative impact of the external environmental factors
 - protects the skin against free radicals
 - strengthens fragile blood capillaries
 - keeps the capillary walls elastic
 - reduces reddening

1722 / 200 ml / efficiency of 40 treatments

ANTI-AGING CREAM WITH PHYTOHORMONES



Recommended for:
mature skin

Active ingredients:
phytohormones, marine DNA, Laminaria algae extract, vitamins C and E

- Product activity:**
- protects the skin against free radicals
 - stimulates collagen synthesis
 - moisturizes the skin, protects against dehydration
 - smoothes wrinkles and prevents the development of new ones
 - nourishes and smoothes the skin

1623 / 200 ml / efficiency of 40 treatments

EXTRA MOISTURIZING CREAM SPF 25



Recommended for:
normal, dry skin, especially sun sensitive

Active ingredients:
Imperata Cylindrica root extract, hyaluronic acid, shea butter, UVA and UVB filters

- Product activity:**
- provides UVA and UVB protection
 - prevents photoaging of the skin
 - moisturizes the skin
 - reinforces the skin barrier
 - improves skin elasticity

1531 / 200 ml / efficiency of 40 treatments

SOOTHING CREAM WITH EYEBRIGHT EXTRACT



Recommended for:
sensitive skin

Active ingredients:
eyebright and licorice root extracts

- Product activity:**
- soothes irritations
 - has anti-inflammatory and antibacterial properties
 - protects the skin against free radicals
 - moisturizes and gently oils the skin

2255 / 200 ml / efficiency of 40 treatments



NATURAL SUGAR SCRUBS

100% INGREDIENTS OF NATURAL ORIGIN

Natural scrubs contain natural brown cane sugar crystals suspended in vegetable oils, enriched with plant extracts and essential oils. They remove the dead cells of the epidermis and improve penetration of active ingredients.

In addition to exfoliating and smoothing action, skin sugar scrubs also affect proper lubrication and firmness of the skin, improving its flexibility and tension. They are designed for full body scrub, and perfect as a beginning for other treatments.

Active ingredients:

Cane sugar

exfoliates dead skin and smoothes the skin

Macadamia nut oil

oils, soothes irritations, smoothes rough and over-dry skin

Buriti palm oil

a rich source of provitamin A, nourishes and smoothes the skin, restores its firmness and elasticity

Grape seed oil and olive oil

smoothes, oils and softens the skin

Guarana

the extract contains caffeine and vitamin B3, smoothes the skin, improves its tension

Aloe Vera

restores skin hydration, improves its overall condition, ensuring a healthy appearance

Kiwi

a rich source of vitamin C, carbohydrates and AHA acids, smoothes and brightens the skin, improves its elasticity

Orange oil

has a regenerating, antioxidant, firming and anti-cellulite action on the skin, its pleasant scent has calming and relaxing properties

Lemongrass oil

refreshes, smoothes and purifies the skin, has antibacterial properties

Products do not contain:

- raw materials from genetically modified plants
- raw materials from dead animals
- intermediates derived from petroleum refining processes
- silicones
- synthetic fragrances and colorants
- paraben-like preservatives





NATURAL SUGAR SCRUBS

NATURAL SUGAR SCRUB WITH GRAPES

Recommended for:

all skin types

Active ingredients:

sugar cane, oils from: grape seeds, European olives, sweet almonds, macadamia nuts, Buriti oil, guarana extract, orange oil

Product activity:

- cleanses and smoothes the epidermis
- improves microcirculation and oxygenation of the skin
- strengthens and oils the skin in an optimal manner



2156 / 500 g / efficiency of 20–50 treatments

NATURAL SUGAR SCRUB WITH ALOE VERA

Recommended for:

all skin types

Active ingredients:

sugar cane, oils from: European olives, macadamia nuts, grape seeds, sweet almonds, Aloe Vera leaf juice

Product activity:

- intensively moisturizes
- gently exfoliates and smoothes the epidermis
- strengthens the protective barrier of the skin



2163 / 500 g / efficiency of 20–50 treatments

NATURAL SUGAR SCRUB WITH KIWI

Recommended for:

all skin types

Active ingredients:

sugar cane, oils from: European olives, macadamia nuts, grape seeds, sweet almonds, kiwi fruit extract, lemon grass oil

Product activity:

- removes dead cells of the epidermis
- smoothes and brightens the skin
- revitalizes and improves skin elasticity



2170 / 500 g / efficiency of 20–50 treatments

NATURAL SUGAR SCRUB WITH GUARANA

Recommended for:

all skin types

Active ingredients:

sugar cane, oils from: European olives, macadamia nuts, grape seeds, sweet almonds, guarana extract

Product activity:

- cleanses and smoothes the epidermis
- improves skin firmness and tension
- supports weight loss and prevents cellulite



2149 / 500 g / efficiency of 20–50 treatments



MASSAGE OILS

Natural oils enriched with essential oils with excellent properties for aromatherapy and beauty treatments. Based on natural grape seed oil, sweet almond and sunflower oils. All of these ingredients improve skin elasticity, spread easily, absorb well into the skin and give a good glide for the massage.

Designed for relaxation and therapeutic massage.

Active formulas contain:

Natural essential grapefruit oil

relaxes, rejuvenates, stimulates microcirculation

Natural essential orange oil

relaxes, rejuvenates, calms

Natural essential rose oil

cleanses, soothes and rejuvenates the skin

Natural essential ylang-ylang oil

aphrodisiac, acts as a stimulant, has stress-relieving properties

Sweet almond, grape seed and sunflower oils

rich in vitamins: A, B, E, F and PP, potassium, zinc, iron, phosphorus and calcium, essential fatty acids and phytosterols, protect skin against free radicals, regenerate and soften the skin

Massage is one of the oldest forms of cosmetic treatment. It has a very broad spectrum of activity, has a positive effect not only on skin, but also on cardiovascular, nervous, muscular systems, joints and general well-being.

Beneficial effects of massage:

- deep relaxation and calm
- frees from stresses and strains of everyday life
- improves blood and lymph circulation
- oxygenates and nourishes tissue
- speeds up metabolism
- promotes weight loss and cellulite reduction
- removes dead cells of the epidermis
- improves skin firmness and elasticity
- prevents injuries, prepares muscles for effort
- accelerates recovery

Contraindications for massage:

- high body temperature
- tuberculosis
- acute inflammation
- infectious diseases
- tumours
- heart disease, hypertension
- vascular skin
- dermatological changes
- thrombophlebitis
- epilepsy





AROMATHERAPY MASSAGE

ENERGIZING GRAPEFRUIT

Recommended for:
all skin types

Active ingredients:
oils from: grape seeds, sweet almonds, sunflower seeds, grapefruit oil

Product activity:

- revitalizes and rejuvenates the skin
- gives a new energy boost
- enhances mood

2699 / 500 ml / efficiency of 25 treatments



RELAXING ORANGE

Recommended for:
all skin types

Active ingredients:
oils from: grape seeds, sweet almonds, sunflower seeds, orange oil

Product activity:

- improves skin firmness and elasticity
- promotes complete mind and body relaxation
- gently warms the body

2705 / 500 ml / efficiency of 25 treatments



HARMONIZING ROSA

Recommended for:
all skin types

Active ingredients:
oils from: grape seeds, sweet almonds, sunflower seeds, rose oil

Product activity:

- regenerates and rejuvenates the skin
- offers relaxation and well-being
- reduces trait anxiety and depression

2729 / 500 ml / efficiency of 25 treatments



STIMULATING YLANG-YLANG

Recommended for:
all skin types

Active ingredients:
oils from: grape seeds, sweet almonds, sunflower seeds, Ylang-Ylang oil

Product activity:

- leaves the skin deeply hydrated and firm
- relaxes and calms the body
- reduces stress and eases tension

2712 / 500 ml / efficiency of 25 treatments





BODY CARE

EXTRA FAT TISSUE REDUCTOR ANTI-CELLULITE



Recommended for:
people with fat tissue excess and stubborn cellulite

Active ingredients:
Lipout™, L-carnitine, caffeine, algae extract,
Shea butter, macadamia oil, grape seed oil

- Product activity:**
- reduces fat tissue thickness
 - intensively firms and smoothes skin structure
 - improves skin elasticity
 - enhances the body shape

5010 / 500 ml / efficiency of 6 treatments

INTENSIVELY MOISTURIZING BODY BALM



Recommended for:
all skin types requiring hydration

Active ingredients:
hyaluronic acid, algae extract,
green tea extract, coconut oil, beeswax

- Product activity:**
- restores skin moisture level
 - nourishes and regenerates the skin
 - improves skin firmness and elasticity

3245 / 500 ml / efficiency of 15 treatments



BODY WRAPPING

SLIMMING AND ANTI-CELLULITE TREATMENT

Indications for treatment:

- excess fat tissue
- cellulite
- skin which requires smoothing and firming

The treatment requires wrapping the body with foil after massaging in the slimming product. During the procedure, the oppression caused by wrap foil stimulates blood and lymph circulation; the heat opens the pores increasing the penetration of the active substance.

The best results are seen after a series of several (at least 15-16) treatments performed two times per week. A balanced diet and physical activity are recommended in the course of the therapy.

Visible treatment effects:

- accelerated skin metabolism
- reduced cellulite
- reduced fat tissue thickness
- refined body contour
- skin cleansed of toxins
- stimulated lymph circulation
- preventing the effect of flabby skin, eg. after weight loss or pregnancy
- smoothed skin structure
- improved skin firmness and elasticity

Contraindications:

- pregnancy
- vascular congestion
- acute infections (eg. flu)
- heart problems
- high blood pressure
- kidney disease
- varicose veins
- sensitive or couperose skin

Home Care BIO REPAIR BODY CARE

- 4792 SCAR & STRETCH MARKS serum repairing skin structure 150 ml
- 4785 BREAST SHAPING serum push-up effect 150 ml
- 4808 NIGHT CELLULITE REDUCTOR Nocturshape technology 150 ml
- 4778 BODY CREATOR fat reducer 150 ml

TREATMENT COURSE:

1. Apply a layer of Natural sugar scrub with guarana, perform a massage to energize and stimulate the whole body. When taking a shower wash out the peeling residues (do not use soap) or use a damp towel.
2. Apply Extra fat tissue reductor anti-cellulite onto the lower part of the body or onto the problematic body area.
3. Wrap with elastic foil and leave for 50 minutes under cover.
4. After removing the foil wash excess of Extra fat tissue reductor anti-cellulite with a damp towel.
5. Massage the skin using Energizing grapefruit massage oil.
6. At the end of the treatment massage Intensively moisturizing body balm into the skin.

Lipout™

standardized *Tisochrysis lutea* algae extract rich in proteins, xanthophylls and polyunsaturated fatty acids that transform lipid-storing adipocytes into fat burning beige adipocytes, stimulate thermogenesis, resulting in the reduction of fat tissue thickness.

Product	Material usage (1 treatment)
2149 Natural sugar scrub with guarana	20-50 ml
5010 Extra fat tissue reductor anti-cellulite	50-80 ml
2699 Energizing grapefruit massage oil	20 ml
3245 Intensively moisturizing body balm	30 ml





HAND AND FOOT CARE

REJUVENATING AND NOURISHING HAND CREAM

MOISTURIZING HAND CREAM

GLYCERINE FOOT CREAM

EXFOLIATON FOOT SCRUB



Recommended for:
sucha, zniszczona skóra dłoni

Active ingredients:
cotton oil, Karite butter

- Product activity:**
- rejuvenates
 - regenerates
 - improves skin elasticity
 - reduces TEWL

Recommended for:
dry and rough hand skin

Active ingredients:
glycerine, allantoin, Karite butter

- Product activity:**
- intensively moisturizes
 - smoothes
 - soothes irritations
 - regenerates

Recommended for:
rough and dry skin

Active ingredients:
glycerine, *Enantia Chloranta* extract,
ginger extract, orange oil

- Product activity:**
- intensively moisturizes
 - regenerates
 - increases skin elasticity and softens the epidermis
 - normalizes the secretion of sebaceous glands
 - has warming properties
 - stimulates microcirculation

Recommended for:
rough foot skin

Active ingredients:
natural pumice, ginger extract,
orange oil

- Product activity:**
- removes dead cells of the epidermis
 - smoothes the skin
 - disinfects the skin before cosmetic treatment
 - stimulates microcirculation
 - has warming properties

3092 / 500 ml / efficiency of 100 treatments

3108 / 500 ml / efficiency of 100 treatments

3634 / 500 ml / efficiency of 100 treatments

3610 / 500 ml / efficiency of 70 treatments



DEPILATION

PRE WAX LOTION

AFTER WAX GEL

AFTER WAX BALM



Recommended for:

all skin types

Active ingredients:

oils of tea tree, lemongrass and lavender,
allantoin, panthenol

Product activity:

- disinfects the epidermis
- degreases the epidermis
- increases adhesion of wax

Recommended for:

all skin types

Active ingredients:

oils of tea tree and peppermint, allantoin

Product activity:

- soothes irritations
- reduces redness
- has cooling effect,
disinfects the epidermis

Recommended for:

all skin types

Active ingredients:

extracts of witch hazel, hamamelis,
willow and arnica, urea,
salicylic acid, menthol

Product activity::

- soothes irritations
- moisturizes the skin
- weakens hair structure
- effectively retards hair regrowth

1470 / 500 ml / efficiency of 30-50 treatments

3276 / 500 ml / efficiency of 30-50 treatments

3269 / 500 ml / efficiency of 30-50 treatments



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